



## Certified Nurse Assistants' Week Ideas

### Dress Up Ideas

- Western Day -Cowboy/Cowgirl attire
- Superhero Day -Dress up as your favorite Hero or Marvel/Capcon
- Hawaiian Day -Dress up in your favorite Hawaiian shirt
- Dress up Days celebrating the 60s, 70s, 80, or 90s -and play Oldies Music
- Wear your Favorite Sports Team
- Safari Day -Dress up in your camo & cheetah Print

### Food Ideas

- CNAs Nacho Party (CNAs = Cheesy Nachos And Soda)
- Wing Wednesday - Wing Bar
- Taco Tuesday - Taco Bar
- Sweet Tooth Tuesday - Deserts and Candy
- Pizza Day (Provide Pizza to CNAs)
- Thirsty Thursday (Provide fresh tropical drinks)
- Ice Cream Floats Friday (Ice Cream Floats for CNAs)
- Frito Pie Friday (Serve Frito pies)
- Fruit Friday (Provide fruit to CNAs)
- Ice Cream Sundae Sunday - Ice cream sundaes
- BBQ Day

### Thank You Card Ideas for each day of the week:

#### **Monday: Motivational Monday**

Front of Card: "You Make a Difference"

Inside Message: "Dear CNA, your dedication and compassion brighten the start of our week. Thank you for your unwavering commitment to providing exceptional care. Your positive attitude and tireless efforts inspire us all. Keep making a difference!"

#### **Tuesday: Teamwork Tuesday**



Front of Card: "Together We Shine"

Inside Message: "Dear CNA, your teamwork and collaboration are truly commendable. Thank you for being a valuable part of our team. Your support and willingness to go above and beyond are deeply appreciated. We're grateful to have you on board!"

### **Wednesday: Wellness Wednesday**

Front of Card: "Nurturing Wellness"

Inside Message: "Dear CNA, your dedication to the health and well-being of our residents is remarkable. Thank you for your exceptional care and attention. Your kindness and empathy make a positive impact every day. We're grateful for your unwavering commitment to wellness!"

### **Thursday: Thankful Thursday**

Front of Card: "Gratitude in Every Step"

Inside Message: "Dear CNA, on this Thankful Thursday, we want to express our deepest appreciation for your hard work and compassion. Your unwavering dedication to the well-being of our residents is truly remarkable. Thank you for being an exceptional CNA!"

### **Friday: Fantastic Friday**

Front of Card: "You're Simply Amazing"

Inside Message: "Dear CNA, as the week comes to an end, we want to let you know how amazing you are. Your positive energy, exceptional care, and unwavering dedication have made a lasting impact on our residents and our team. Thank you for being a fantastic CNA!"

### **Saturday: Superstar Saturday**

Front of Card: "Shining Brightly"

Inside Message: "Dear CNA, on this Superstar Saturday, we want to acknowledge your outstanding skills and dedication. Your expertise, compassion, and tireless efforts make you a true superstar in the world of caregiving. Thank you for being an exceptional CNA!"



## **Sunday: Supportive Sunday**

Front of Card: "Thank You for Being There"

**Inside Message:** "Dear CNA, on this Supportive Sunday, we want to express our gratitude for your unwavering support. Your presence, care, and compassion bring comfort and reassurance to our residents. Thank you for being there and making a difference!"

Feel free to personalize these messages or add specific examples that highlight the individual qualities and contributions of the CNAs. Remember to express genuine gratitude and let them know how much they are valued and appreciated throughout CNA Week.

## **Game Ideas**

**CNA Trivia:** Create a trivia game with questions related to the role of CNAs, healthcare knowledge, and fun facts about the facility. Divide the CNAs into teams and ask the questions one by one. Award points for correct answers and declare the team with the highest score as the winner.

**Scavenger Hunt:** Organize a facility-wide scavenger hunt where CNAs, residents, and other staff members work together to find hidden clues or objects. Create a list of items or locations within the facility that participants need to locate. Provide prizes for the individuals or teams that complete the scavenger hunt first.

**Balloon Pop:** Fill balloons with slips of paper containing appreciation messages or small prizes. Divide the CNAs into pairs or small groups. Each pair/group takes turns popping a balloon by sitting on it or using other creative methods. They retrieve the message or prize from the popped balloon and read/share it with the others.

**"Who Am I?" Game:** Write down the names of CNAs or person on sticky notes or index cards. Attach the notes to the participants' backs without revealing the name. CNAs can then mingle and ask yes/no questions to try and guess the name on their own backs. The first person to correctly guess their identity wins.



**Wheel of Appreciation:** Create a large wheel with different categories of appreciation, such as "Thank You Note," "Gift Card," "Snack Time," "Extra Break," etc. Spin the wheel and whichever category it lands on, a CNA receives the corresponding appreciation item or privilege. Continue spinning the wheel until all CNAs have received an appreciation reward.

Remember to adapt these games based on the available space, resources, and preferences of the participants. The primary objective is to have fun, build camaraderie, and show appreciation for the hard work and dedication of the CNAs during CNA Week.

**Here are some ideas for a celebration wall or thank you wall to honor CNAs during CNA Week:**

**Photo Collage:** Create a collage of photos featuring CNAs in action, caring for residents, or participating in facility events. Display the collage on the wall, along with captions expressing gratitude for their dedication and hard work.

**Thank You Notes:** Provide colorful sticky notes, cards, or small cut-out shapes for residents, their families, and other staff members to write thank-you notes or messages of appreciation to the CNAs. Attach the notes to the wall, creating a visually impactful display of gratitude.

**Artistic Displays:** Encourage residents, their families, and staff members to create artwork or craft pieces that represent the important role of CNAs. Hang these art pieces on the wall, showcasing the creativity and appreciation of the community.

**Wall of Quotes:** Collect inspiring and uplifting quotes related to caregiving, compassion, and resilience. Print and display these quotes on the wall, creating a motivational and encouraging space for CNAs to read and reflect upon throughout the week.

**Wall of Memories:** Set up a section of the wall dedicated to sharing memories and stories about the CNAs. Invite residents, families, and staff members to write down



their favorite memories or experiences with specific CNAs and attach them to the wall. This fosters a sense of connection and appreciation.

**Gratitude Tree:** Create a tree-shaped display on the wall using branches or paper cutouts. Provide leaf-shaped pieces of paper for residents, families, and staff members to write down what they are grateful for regarding the CNAs. Attach these gratitude leaves to the tree, symbolizing the growth of appreciation.

**Wall of Achievements:** Highlight the accomplishments and milestones of individual CNAs on a dedicated section of the wall. Display certificates, awards, or photographs showcasing their achievements, such as completing training programs, receiving recognition, or reaching significant milestones in their careers.

**Interactive Wall:** Design an interactive wall where CNAs can leave their handprints, signatures, or personal messages. Provide colorful markers or paints for them to create their unique contribution to the wall, representing their presence and impact within the facility.

**Digital Display:** Use a digital screen or monitor to showcase a slideshow or presentation that features photos, messages, and videos expressing appreciation for the CNAs. Include testimonials from residents, their families, and staff members to create a dynamic and engaging display.

**Wall of Growth:** Set up a section of the wall to display the professional growth and development of the CNAs. Showcase their educational achievements, certifications, or training programs they have completed. This demonstrates the dedication to continuous learning and improvement.

Remember to ensure that the celebration wall or thank you wall is easily accessible and visible to all, allowing CNAs to feel recognized and appreciated throughout CNA Week.